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Diana Fosha,
Director, AEDP Institute



Benjamin Lipton
Senior Faculty

The AEDP Institute (New York)
& Dale Trimble & Associates present:

The Transformation of Emotional Suffering:
Neuroplasticity & Attachment at Work in AEDP
with Diana Fosha Ph.D. & Benjamin Lipton, LCSW

*A Workshop in Vancouver BC,
February 24-25, 2012
Simon Fraser University, Downtown*

"AEDP is a rich creative relevant system of intervention. Attachment based and healing oriented, it helps you connect with your client and use the power of emotion to create change. Diana Fosha, the developer of AEDP, is on the cutting edge of transformational theory and practice. Her elegant clinical tapes show her practicing what she preaches and teaches."

Sue Johnson, EdD,

Author: "Hold Me Tight"

"Emotionally Focused Couple Therapy with Trauma Survivors"

"Benjamin Lipton is a talented teacher, mentor, and therapist. Being with Ben is to witness a master of his craft, where work is more a form of effortless artistic engagement. He makes the very complex simple, both in language and in modeling how to "do it", in a way that is always refreshing and inspiring."

Ian MacNaughton Ph.D, RCC

Past President, British Columbia Registered Clinical Counsellors

Accelerated Experiential Dynamic Psychotherapy (AEDP)

- One of the fastest growing approaches to working with attachment trauma
- Puts neuroplasticity and attachment theory into clinical action
- Leverages safety and connection within the therapist-client relationship
- Facilitates healing through moment-to-moment tracking of the therapeutic process
- Uses a range of innovative, experiential and relational intervention strategies

Date: February 24 & 25, 2012, 9:00am to 5:00pm
Fee: **Earlybird rate** through January 27, 2012: \$399 (USD) All fees **HST exempt**.
Regular rate: \$499 (USD) **Full time student rate:** \$299 (USD).
For group rates: see web listing below. Rates **include lunches & breaks**.
Location: SFU Downtown, Segal Centre, 1st floor, 515 Hastings St. Vancouver, BC
To register: <http://www.aedpinstitute.org/canada.html#VANCOUVER> (& more information)
AEDP contact: Questions about registration, payment, technical questions, please contact Ginny Vaughn by email: v.vaughn020@gmail.com.

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About the two-day Workshop:

Dynamic teaching strategies will show:

- How to activate healing and self-righting tendencies from the initial moments of the first session and thereafter throughout therapy
- How to work with the experience of attachment within the therapeutic relationship
- How to process core affect until adaptive healing resources are released and harnessed in the service of transforming trauma and actualizing transformational potentials

Extensive videotaped case examples of both teachers' work will show a range of interventions such as:

- Actively and explicitly working with the experience of the attachment relationship between patient and therapist
- Using that relationship to regulate, deepen and work through intense affective experience
- Becoming a "transformation detective" in order to catalyze and make active use of transformational processes

This **interactive workshop** will be a **collaborative process** between presenters and participants to support the emergence of the positive, transformational phenomena at the heart of AEDP.

For more information go to: <http://www.aedpinstitute.org/canada.html#VANCOUVER>

Diana Fosha PhD is the developer of AEDP, and Founder and Director of the AEDP Institute. She is the author of *The Transforming Power of Affect: A Model For Accelerated Change* (Basic Books, 2000), and the editor, with Daniel Siegel and Marion Solomon, of *The Healing Power of Emotion: Affective Neuroscience, Development & Clinical Practice* (Norton, 2009), part of Norton's Interpersonal Neurobiology series. APA, as part of their Systems of Psychotherapy Video Series, has released a DVD of her AEDP clinical work. She has done workshops, telecourses, and trainings nationally and internationally. Many of her papers are available through the AEDP website at www.aedpinstitute.com She teaches, supervises and is in private practice in New York City.

Benjamin Lipton LCSW is a Senior Faculty of the AEDP Institute and travels nationally and internationally to teach AEDP to a broad range of professional audiences. He has been involved in the Short Term Dynamic Psychotherapy (STDP) community since the mid-1990s. Ben's open and engaging teaching style and skill in translating complex ideas into clear and accessible learning points receives consistent praise from his audiences. Over the past two decades, he has published book chapters, recurring columns, and clinical articles in psychology and social service journals. He maintains a private clinical and consulting practice in New York City.

Vancouver Event Coordinator:

For information, contact Dale Trimble

Phone: 604-253-8641 Email: dale@daletrimble.com