

A Living Systems Conference (formerly North Shore Counselling Center)

**From Generation to Generation: The Interplay between Genes and Family Process**

With Dr. Michael Meaney of McGill University, a pioneer in the field of epigenetics and

Dr. Daniel Papero of the Bowen Center, an expert in Bowen Theory and therapy

Along with Dr. Clyde Hertzman, Director of the Human Early Learning Partnership (UBC),

Dr. Anne McKnight (Director of the Bowen Center for the Study of the Family)

And Dr. Bob Noone (Chicago, IL)

**February 24<sup>th</sup> and 25<sup>th</sup>, 2012**

**SFU Harbour Center**

People have speculated about how family strengths and weaknesses pass from one generation of a family to the next. Can we better understand how children from the same set of parents often turn out quite differently? The family systems theory developed by Murray Bowen describes how family emotional process can adversely influence the behaviour of children. The field of epigenetics has begun to document how parental functioning in one generation can affect the expression of genes that influence reactivity to stress and brain development in their offspring. This conference will explore how family emotional process in one generation can influence levels of functioning – including genetic expression – in the next.

For further information or to register visit [www.livingsystems.ca](http://www.livingsystems.ca);

links to each of the speakers can be found on the living systems website.

Early bird Registration February 3<sup>rd</sup>, 2012

Group Rate available

Living Systems is a leading west coast provider of programs based on Bowen family systems theory